



# LUNCH MENU – WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><i>Dish of the Day</i></b>  <i>Bagel Melts Tuna, sweetcorn &amp; cheese</i>	<b><i>Dish of the Day</i></b>  <i>Beef &amp; lentil bolognaise spaghetti</i>	<b><i>Dish of the Day</i></b>  <i>Herby roast chicken thighs</i>	<b><i>Dish of the Day</i></b>  <i>Moroccan Lamb Warmed flat brad mediterranean vegetables</i>	<b><i>Dish of the Day</i></b>  <i>Breaded Cod fillet, lemon &amp; tartare sauce</i>
<b><i>Vegetarian Dish of The Day</i></b> <i>Bagel melts cheese &amp; spring onion</i>	<b><i>Vegetarian Dish of The Day</i></b> <i>Vegetable &amp; lentil bolognaise</i>	<b><i>Vegetarian Dish of The Day</i></b> <i>Roasted stuffed peppers</i>	<b><i>Vegetarian Dish of The Day</i></b> <i>Couscous &amp; harissa mushrooms</i>	<b><i>Vegetarian Dish of The Day</i></b> <i>Vegan spiced breaded fillet</i>
<b><i>Sides</i></b> <i>Cob corn Giant Couscous &amp; vegetable, Mixed salads</i>	<b><i>Sides</i></b> <i>Broccoli Roasted butternut squash &amp; carrot batons Garlic &amp; herb focaccia</i>	<b><i>Sides</i></b> <i>Roasted seasonal vegetables Green beans Maple &amp; mustard roasted new potatoes</i>	<b><i>Sides</i></b> <i>Tzatziki, hummus, coriander &amp; mint dip Braised spiced apple, sultana &amp; red cabbage</i>	<b><i>Sides</i></b> <i>Oven baked wedges Baked beans &amp; mushy peas</i>
<b><i>Dessert</i></b> <i>Fresh fruit salad and Yoghurt</i>	<b><i>Dessert</i></b> <i>Chef's special Muffins Fresh Fruit and Yoghurt</i>	<b><i>Dessert</i></b> <i>Assorted Jelly Fresh Fruit Salad and Yoghurt</i>	<b><i>Dessert</i></b> <i>Oat, lemon &amp; raisin cookies Fresh Fruit and Yoghurt</i>	<b><i>Dessert</i></b> <i>Ice cream cones and toppings Fresh Fruit and Yoghurt</i>

For allergen information, please ask a member of the team, all items subject to availability



# LUNCH MENU – WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><i>Dish of the Day</i></b>  <i>Loaded mac &amp; cheese topped with roasted peppers &amp; crispy onions</i>	<b><i>Dish of the Day</i></b>  <i>Crusty rustic baguette with peri peri chicken or crispy bacon, sliced tomatoes &amp; baby gem lettuce</i>	<b><i>Dish of the Day</i></b>  <i>Assorted sausages (chicken ,beef)</i>	<b><i>Dish of the Day</i></b>  <i>Roast loin of pork with a creamy mushroom sauce &amp; tri-colour fusilli</i>	<b><i>Dish of the day</i></b>  <i>Crispy cod fish finger wrap with salad &amp; slaw</i>
<b><i>Additional toppings</i></b> <i>Tomato &amp; basil sauce Grated cheese</i>	<b><i>Vegetarian Dish of The Day</i></b> <i>Plant based peri peri chicken sliced tomatoes &amp; baby gem lettuce</i>	<b><i>Vegetarian Dish of The Day</i></b> <i>Vegetarian sausages</i>	<b><i>Vegetarian Dish of The Day</i></b> <i>Plant-based meat balls creamy mushroom sauce &amp; tri-colour fusilli</i>	<b><i>Vegetarian Dish of The Day</i></b> <i>Sweet chili halloumi wrap</i>
<b><i>Sides</i></b> <i>Steamed broccoli &amp; carrots</i>	<b><i>Sides</i></b> <i>Seasonal salad Roasted beetroot</i>	<b><i>Sides</i></b> <i>Fresh Mashed potatoes Bake beans &amp; garden peas Rich gravy</i>	<b><i>Sides</i></b> <i>Sweetcorn Sautéd leeks, peppers &amp; kale</i>	<b><i>Sides</i></b> <i>Oven baked wedges Garden Peas Spaghetti hoops</i>
<b><i>Dessert</i></b> <i>Fresh Fruit salad and Yoghurt</i>	<b><i>Dessert</i></b> <i>Chocolate swirly sponge &amp; custard</i>	<b><i>Dessert</i></b> <i>Assorted jelly Fresh Fruit and Yoghurt</i>	<b><i>Dessert</i></b> <i>Seasonal fruit mousse Fresh Fruit and Yoghurt</i>	<b><i>Dessert</i></b> <i>Ice cream cones and toppings Fresh Fruit and Yoghurt</i>

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# LUNCH MENU – WEEK 3



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Dish of the Day</b>	<b>Dish of the Day</b>	<b>Dish of the Day</b>	<b>Dish of the Day</b>	<b>Dish of the day</b>
<i>Pasta Crispy bacon &amp; onions Rich &amp; rustic tomato &amp; basil Creamy cheese &amp; mushroom sauce Pesto</i>	<i>Breaded chicken wrap with a crisp salad filling</i>	<i>Pulled Caribbean pork in a pretzel bun</i>	<i>Turkey marinara</i>	<i>Chef Heather's margarita or pepperoni pizza</i>
	<b>Vegetarian Dish of The Day</b>	<b>Vegetarian Dish of The Day</b>	<b>Vegetarian Dish of The Day</b>	
	<i>Breaded halloumi wrap</i>	<i>Hawaiian banana blossom &amp; peppers</i>	<i>Marinara Sauce</i>	
<b>Sides</b>	<b>Sides</b>	<b>Sides</b>	<b>Sides</b>	<b>Sides</b>
<i>Garlic focaccia Minted peas Roasted Carrot &amp; squash</i>	<i>Sweet chilli slaw Roasted peppers &amp; sweetcorn</i>	<i>Broccoli Pineapple, pepper and mango salsa</i>	<i>Whole wheat fussily Roasted Autumn vegetables</i>	<i>Assorted mixed salads Mixed vegetables</i>
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
<i>Fresh fruit salad and Yoghurt</i>	<i>Cherry &amp; apple crumble &amp; custard Fresh Fruit Salad and Yoghurt</i>	<i>Assorted jelly Fresh Fruit Salad and Yoghurt</i>	<i>Fruit muffins Fresh Fruit and Yoghurt</i>	<i>Ice cream Fresh Fruit Salad and Yoghurt</i>

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