## LUNCH MENU

WEEK COMMENCING: WEEK 3 18th September 2023

### MONDAY

Scotch egg puff roll Cheese & egg puff roll Minted new potatoes Whole wheat spaghetti hoops Buttered sweet corn & peppers

Lemon shortbread

THURSDAY

Beef cottage pie

Scots' veggie cottage pie

**Roasted cauliflower &** 

steamed green beans

Apple & pear crumble

custard

#### **TUESDAY**

Grilled Cumberland sausage Glamorgan sausages Creamy mash potatoes Roasted onion gravy Steamed broccoli & baked beans

Steamed golden syrup sponge & custard

#### FRIDAY

Pizza Day Chef Heather's freshly-made pizza

> Spicy oven baked wedges Sweetcorn & onion rings

Yoghurt Ice cream & fruit coulis

# The FUTURE of FOOD

#### WEDNESDAY

Roast crispy chicken thigh Root vegetable Wellington

Zero waste herb potatoes Carrots & braised red cabbage

Victora sandwich

#### **EVERY DAY**

A selection of freshly made salads Mixed leaf, tomatoes, cucumber carrots, coleslaw

A daily selection 2 of the following: Sliced meats, tuna mayonnaise, hard boiled eggs & grated cheddar cheese

Freshly made-in-house bread

Fresh cut fruit & yogurt

\*MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE\*